

Thank you for your interest in the Caring for Complex Chronic Conditions Research Center (C4 Center). We are a new research center, led by Ann-Marie Rosland MD, MS (<a href="https://www.complexcaring.pitt.edu/people/ann-marie-rosland-md-ms">https://www.complexcaring.pitt.edu/people/ann-marie-rosland-md-ms</a>), and nested within the Division of General Internal Medicine's Center for Research on Health Care (CRHC).

The C4 Center brings together experts from a range of disciplines including clinical medicine, health behavior and social science, statistical modeling, and healthcare organization to improve health and health care for adults with complex chronic health conditions. Specifically, our work focuses on the health and health care needs of adults with

- chronic health conditions requiring complex self-care management or health care coordination;
- chronic health needs that put them at risk for hospitalization and poor health outcomes over time; and
- multiple chronic health conditions.

Please use the attached flyer, or visit our website (<a href="https://www.complexcaring.pitt.edu/about-our-center">https://www.complexcaring.pitt.edu/about-our-center</a>) to learn more about our vision and approaches for improving chronic health care.

Our initial goal is to develop a network of University of Pittsburgh affiliates such as yourself, to grow cross-disciplinary collaboration that facilitates cutting-edge chronic health condition research. As an affiliate, we will add your information to our website with keywords that will help researchers with similar or complementary interests find your work. We will soon offer an email newsletter and speaker series to help our affiliates stay up to date on the latest chronic health condition research findings and opportunities. We also are available to help affiliates amplify dissemination of related research via social media and other communications.

If you are interested in becoming an affiliate member, please contact Denise Deverts, Associate Director and Center Manager (<a href="mailto:devertsdj@pitt.edu">devertsdj@pitt.edu</a>), if you would like to learn more about our work.

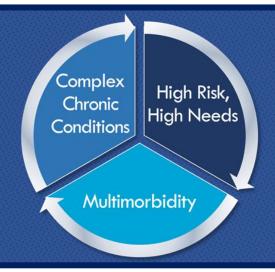


# **Caring for Complex Chronic Conditions**

Research Center

## Who We Are

The Caring for Complex Chronic Conditions
Research Center brings together experts from
a range of disciplines including clinical
medicine, health behavior and social science,
statistical modeling, and healthcare
organization to improve health and healthcare
for adults with chronic health conditions.



## Our Vision

We envision a future where people with chronic health conditions live fulfilling and healthy lives, feel empowered to manage their health conditions with support from their family and community, and receive health care that is easy to access, collaborative, and coordinated.

We envision a healthcare system that cares for people with chronic conditions in an impactful and proactive, and equitable way, with tools that support and empower partnerships between individuals and their providers.

## Our Mission

We work to improve health and healthcare for adults with complex chronic health conditions through interdisciplinary research, evaluation, and innovative program development.

### What We Do

#### **Complex Chronic Conditions**

Our work focuses on:

- People with chronic health conditions requiring complex self-management or health care coordination
- People with chronic health needs that put them at high risk for poor health outcomes over time
- People with multiple chronic health conditions

#### Approach

Our approaches include:

- Applying health behavior theory and evidence to healthcare practice
- Mobilizing the power of patients' social and community networks
- Leveraging patient and provider-facing technology
- Designing and evaluating innovative primary & outpatient care approaches and policies
- Collaborating across multiple disciplines and healthcare systems
- Working with community and stakeholder partners
- Mentoring trainees and early career researchers
- Promoting creative and robust dissemination

### Contact Us

Website: <a href="https://www.complexcaring.pitt.edu/">https://www.complexcaring.pitt.edu/</a>

Twitter: @ComplexCaring

Email: complexcaring@pitt.edu



